



# ST THOMAS

## MAR THOMA CHURCH, NY

34 MORRIS STREET YONKERS, NY 10705

[stthomasmtcny.org](http://stthomasmtcny.org)



February  
2026

*Vicar: Rev. John Philip [*[vicar@stthomasmtc.org](mailto:vicar@stthomasmtc.org)*]*

*Secretary: Mr. Sunil M. Varughese [*[secretary@stthomasmtc.org](mailto:secretary@stthomasmtc.org)*]*

*Trustees: [*[stmtctrustees@yahoo.com](mailto:stmtctrustees@yahoo.com)*]*

NEWSLETTER VOL. XLVI NO. 2

# Annual Parish Day



ST THOMAS MAR  
THOMA CHURCH, NY

## Church Parish Day

We warmly invite you to join us in celebrating our **45th Anniversary!** Come and be part of this special day filled with gratitude, worship, and fellowship.

Chief Guest: Rev. Christopher Phil Daniel

English Holy Communion Service

Collection for Anaprampal MTGHS Support

Public Meeting & Fellowship Lunch



**SUNDAY**  
22 March, 2026



**START AT**  
9:30 AM

Rev. John Philip  
Vicar / President



34 Morris Street,  
Yonkers, NY 10705

Sunil M. Varughese  
Secretary



**Please come join us in this time of  
celebration and fellowship!**

## Worship Service Schedule

Date	Time	Worship
Sun, Feb 1	9:30 AM	<i>Praise &amp; Worship</i> <b>English Holy Communion Service</b> Medical Mission Sunday; Compassion: Loving and suffering together
Sun, Feb 8	9:30 AM	<i>Praise &amp; Worship</i> <b>English Holy Communion Service</b> Sabbath leads to the fullness of creation; Beginning of the 131st session of the Maramon Convention
Sun, Feb 15	9:30 AM	<i>Praise &amp; Worship</i> <b>Malayalam Holy Communion Service</b> Jesus Christ who transforms; Conclusion of the 131st session of the Maramon Convention
Sun, Feb 22	9:30 AM	<i>Praise &amp; Worship</i> <b>Malayalam Holy Communion Service</b> Call to be compassionate

## Lectionary

Date	Lesson 1	Lesson 2	Epistle	Gospel
Sun, Feb 1	Isa 42:1-9	Acts 3:1-16	Jas 5:13-18	Matt 9:35-38
Sun, Feb 8	Gen 1:31, 2:1-3	Heb 4:1-11	Col 2:13-19	Mark 3:1-6
Sun, Feb 15	Ezek 36:24-36	Rom 11:33-36, 12:1-2	2Cor 5:16-21	John 2:1-11
Sun, Feb 22	Ruth 2:4-20	Eph 4:25-32	1John 3:13-24	Mark 1:40-45

# Vicar's Message

Greetings to you all in the name of our Lord and Savior Jesus Christ.



The month of February is truly blessed for our Church as we are led into the Maramon Convention. I prayerfully hope that God will bless each one of us during these days, as we participate in the Convention through online media, listen to the Word of God, and be spiritually nourished.

Due to the severe winter storm, our Parish Day has been postponed to March 22nd. We trust in the Lord's guidance and continue to pray for His blessings as we prepare to gather on that day.

As we have entered into a new financial year, I kindly request all remaining organizations to begin preparations for the General Body meeting.

Let us thank God for the sacred season of the Great Lent. We will begin Valiya Nombu (Great Lent) on February 15th, 2026. This is one of the most important Lenten seasons in our Church, calling us to deeper prayer, reflection, and repentance. I humbly request you all to participate wholeheartedly in this blessed observance.

I also encourage every family to arrange Sandhya Namaskaram (Lenten prayers) in your homes at 6:30 PM. This spiritual discipline will serve as a powerful witness to our children and future generations.

First Sunday – Compassion: Loving and Suffering Together, Observed as Medical Mission Sunday. Let us pray for all those involved in medical ministries, remembering that we are all called to partake in Christ's healing mission. Second Sunday – Sabbath Leading to the Fullness of Creation

A day to reflect on the greatness of God's creation and His loving care. Let us remain grateful to God, our Creator, for these abundant blessings. Third Sunday – Jesus Christ Who Transforms

As we begin the Great Lent, we meditate on Jesus Christ, who transformed water into wine. In the same spirit, we are called to transform ourselves by turning our hearts toward goodness. Fourth Sunday – A Call to Be Compassionate

Jesus reminds us that countless people are waiting and longing for our compassionate touch. May the Lord keep us all in His mighty hands and guide us throughout this holy season.

With Much Prayer,  
Rev. John Philip

# Youth Chaplain's Corner

**Glory be to the Father, Son and Holy Spirit  
- One True God! Amen!**

Dearly Beloved in Christ,

On February 15, the Church enters the season of Great Lent through the Service of Reconciliation. This moment serves as a purposeful pause before the discipline of fasting begins, calling us first to examine the heart. The service reminds us that repentance is not a momentary feeling or an isolated action, but an ongoing reorientation of our lives toward God. In the words of the Psalmist, "Create in me a clean heart, O God, and renew a right spirit within me". Such repentance is made visible not only in prayer and ritual, but in transformed priorities and a renewed sense of responsibility.



Great Lent calls us into a threefold movement of faith. We are called inward through meditation and repentance, outward through reconciliation and responsibility toward others, and upward through communion with God through relationship, Scripture, and worship. This movement invites us to pair self examination with daily silence, sincerity in restoring broken relationships, and faithfulness in remembering prayer.

During Lent, fasting is about more than giving up certain foods. While many choose to abstain from meat during this season, and while the Church observes abstinence from meat during all fasting seasons, the deeper purpose of fasting is to shape how we live and how we care for others. Fasting trains us to say no when the world encourages excess. For this reason, the Church often turns to Isaiah 58 during Lent, which reminds us that fasting is incomplete unless it leads us toward justice, generosity, and compassion.

The prophet Isaiah teaches us that true fasting is not only about self control, but about restoring right relationships with God and with one another. Fasting helps us recognize hunger, both our own and the hunger of those around us, and calls us to respond with love. What we save by eating less or giving up comforts is meant to be shared, even materially, with those in need. In this way, fasting becomes a practical expression of faith and love for our neighbor. At the end of the fast, we are not called to indulge ourselves in what we have abstained from, but to remember those who are less fortunate and to share generously with them.

I encourage all of us to make the message of Lent visible through action. Use the money saved from even one meal to practice generosity. Consider supporting a local charity, helping someone in need, or pooling resources for a group effort that serves the wider community. Look around your school, workplace, or parish. It may be as simple as assisting a classmate, supporting a church initiative, or volunteering together for a cause you care about. Let faith take shape through active compassion during this season.

These practices are not meant to end with Lent, but to become lasting foundations of Christian life. Lent invites us into ongoing spiritual growth rather than temporary habits. To help build these disciplines, consider forming accountability groups with friends or family members where you can encourage one another, share experiences, and reflect honestly on challenges. Simple reminders, such as notes placed in visible areas, can also help keep your spiritual focus steady. Through repentance, reconciliation, and generosity, we continue to grow into who we are becoming in Christ.

Let us hold onto this Lenten season and commit ourselves to acts of mercy, generosity, and reconciliation, so that we may continue to be transformed as we move toward the remembrance of the Resurrection of our Lord.

Prayerfully,  
JVarghese Achen

## Area Prayer Meetings

Area	Date	Location
Bronx / Yonkers South / West	Sun, Feb 1 6:30 PM	<b>via Zoom</b> Meeting ID: 935 0649 9316 Passcode: 703734
Manhattan/ New Jersey	Sat, Feb 7	<b><i>No Prayer</i></b>
Queens/ Long Island	Sun, Feb 8 6:00 PM	<b>via Zoom</b> Meeting ID: 935 0649 9316 Passcode: 703734
Upper Westchester/ Connecticut	Sat, Feb 14 4:00 PM	Dr. & Mrs. Kochumman Geevarghese 288 Fisher Ave, White Plains, NY
Rockland	Sun, Feb 15 6:00 PM	Mr. & Mrs. Varghese E. Oommen 6 Mayfield St, Valley Cottage, NY

## Lent Prayer Meetings

**Lent Prayers will begin on  
Monday, Feb 16, 6:30 PM**

**All Families are encouraged to arrange Sandhya Namaskaram  
(Lent Prayers) in your homes at 6:30 PM.**

**Families who wish to host prayer at their homes are kindly requested to  
contact Mr. M.C. Chacko (845) 300-1762 to fix a convenient date.**

**Friday and Saturday services will be conducted in English.**

## *Sevika Sangham & Edavaka Mission*

Date	Location
Every Friday 10:00 AM	Via Zoom Zoom Meeting ID: 935 0649 9316 Passcode: 703734

## *Senior Citizens Fellowship*

Date	Location
Thu, Feb 5, 19 6:30 PM	Via Zoom Zoom Meeting ID: 935 0649 9316 Passcode: 703734

## *Sunday School*

Program / Location
Sunday School Every Sunday after Worship Service!

## *Young Family Fellowship*

Date	Location
TBA	To be Announced

## *Yuvajana Sakhyam*

Date	Location
Sat, Feb 14	Breakfast & Coat Distribution in NYC

# Youth Fellowship

Date	Location
Sat, Feb 7 5:00 PM	Shreya Sabu 105 N Harrison Ave Congers, NY 10920

## Youth Fellowship Bible Study

**When:** Wednesday, February 11, 2025, 7:30 to 8:30 pm

**Where:** Youth Chaplain's Parsonage

These evenings continue to provide a space for reflection, prayer, and conversation as we explore how Scripture speaks into our daily lives.

## Leadership Conference Roots Before Fruits

**When:** Monday, February 16, 2026, at 10:00 am

**Where:** Salem Mar Thoma Church, East Long Island

This Leadership Conference is intended for all Youth Fellowship Committee members and invites them to engage faithfully in how Youth Fellowship functions, plans, and serves. The retreat will be led by Ms. Riya Varughese (St. Andrews MTC) and Mrs. Marybeth Babu (St. Johns MTC), who will guide the gathering with reflection, prayer, and practical leadership insight for administration and Mental Health. As part of this conference, Shubkono, the prayers of reconciliation, will take place. This will call participants to ground their leadership first in repentance, humility, and spiritual renewal, remembering that meaningful ministry bears fruit only when rooted deeply in Christ, not in the self.

## NERYP Young Adults Retreat 2026

**Theme:** Authenticity

**When:** Thursday, May 28 through Sunday, May 31, 2026 beginning at 8:30 am

**Where:** Camp of the Woods, Speculator, New York

This four day Biblical Wellness Retreat for young adults ages 21 and older will be led by Rev. Larry Varghese and Roshin Kochamma and is centered on the theme Authenticity.

Grandparents and parents of young adults need to encourage their children to attend this retreat. For college students, it can be a meaningful gift following a demanding semester. For recent graduates, it offers an opportunity to enter the next stage of life on a firm foundation of faith. Many young adults hesitate to ask for financial support, and parental financial encouragement can help remove that barrier. Often, a simple invitation of help, a word of encouragement is enough to open doors that might otherwise remain closed.

The retreat includes housing, chef inspired meals, snacks, indoor and outdoor activities, and transportation by coach bus to and from Long Island, Yonkers, and Rockland. Early registration is extended through February 15. We encourage you to keep this opportunity in prayer and consider extending this invitation to your child.

# Capital Improvement YTD Collection

Donor Name	Area Prayer Group	Amount (\$)
John Abraham (Joe)	Rockland	\$1,100.00
Abraham George	Yonkers North	\$1,100.00
Sunil M. Varughese	Rockland	\$1,100.00
Ullas P. Thannickal	Rockland	\$1,100.00
Levan G. Thomas	Upper Westchester / CT	\$1,100.11
<b>Total</b>		<b>\$5,500.11</b>

**All families** are requested to **contribute \$1,100** for the upcoming Capital Improvement work. Please submit your contributions to the Trustees *via Check or Zelle to: [stmtctrustees@yahoo.com](mailto:stmtctrustees@yahoo.com)*



## Bible Quiz Winners

- |                              |                     |
|------------------------------|---------------------|
| 1. Annamma Mathew            | 6. Mercy Rajan      |
| 2. Mariamma Thomas           | 7. Thankamma John   |
| 3. Sosamma Abraham (Yonkers) | 8. Sosamma Varghese |
| 4. Susan John                | 9. Sherly Vaidyan   |
| 5. Saramma Thankachan        | 10. Saramma Thomas  |

## Bible Quiz Answers

### Joshua 11-17

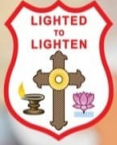
- |                                     |   |
|-------------------------------------|---|
| 1. Caleb's daughter Aksah(15:17)    | 6. Five (17:3)                                    |
| 2. Who practiced divination (13:22) | 7. Arba (14:15)                                   |
| 3. Canaanites (16:10)               | 8. Gilead and Bashan (17:1)                       |
| 4. Hebron (14:13)                   | 9. Hivites living in Gibeon(11:19)                |
| 5. Ashtaroth and Edrei(13:31)       | 10. Gaza, Ashdod, Ashkelon, Gath and Ekron (13:3) |

# Bible Quiz

## Joshua 18-24

1. രൂബേന്യരും ഗാദ്യരും പണിത യാഗപീഠത്തിന് പേരിട്ടത് എന്താണ്?
2. യിസ്രായേൽ മക്കളുടെ അവകാശത്തിൽ ലേവ്യർക്ക് എത്ര പട്ടണങ്ങളും അവയുടെ പുൽപുറങ്ങളുമാണ് കിട്ടിയത്?
3. ശിമയോൻ മക്കളുടെ അവകാശം ആരുടെ ഓഹരിയിലാണ് ഉൾപ്പെട്ടിരുന്നത്?
4. യോർദാൻ കിഴക്ക് അവകാശം വാങ്ങിയ ഗോത്രങ്ങൾ ഏതെല്ലാം?
5. യോശുവയ്ക്ക് അവകാശമായി കൊടുത്ത പട്ടണം ഏത്?
6. ആറാമത്തെ നറുക്ക് വീണത് ഏത് ഗോത്രത്തിന് ആയിരുന്നു?
7. സങ്കേതപട്ടണം ആയിരിക്കുവാൻ നപ്താലി മലമ്പട്ടിൽ വേർതിരിച്ച സ്ഥലം ഏത്?
8. എത്ര വയസ്സുള്ളവനായിട്ടാണ് യോശുവ മരിച്ചത്?
9. ഏത് ദേശത്തിനാണ് 'ദാൻ' എന്ന് പേരിട്ടത്?
10. ഏശാവിന് അവകാശമായി കൊടുത്തതെന്ത്?

1. What was the name of the altar built by the Reubenites and the Gadites?
2. How many towns and their pasturelands did the Levites receive from the inheritance of the Israelites?
3. Whose share was the inheritance of the Simeonites?
4. Which tribes received their inheritance on the east side of the Jordan?
5. Which town was given to Joshua as an inheritance?
6. Which tribe received the sixth lot?
7. Which place in the hill country of Naphtali was set aside as a city of refuge?
8. How old was Joshua when he died?
9. What land was named 'Dan'?
10. What was given to Esau as an inheritance?



MAR THOMA MISSION BOARD - DIOCESE OF NORTH AMERICA

# INDIA MISSION TRIP 2026

**July 3rd to 15th**

(inclusive of travel)

The Mar Thoma Mission Board of the Diocese of North America is arranging a mission trip to various mission fields of the Mar Thoma Church in South India:

**Andhra Pradesh: Hyderabad/Secunderabad, Chagalamarri**

**South Karnataka: Bangalore & Surrounding Areas**

*Step Out in Faith, Serve With Love & See the World Differently*

REGISTER BY:

**March 31, 2026**

Youth ages 18 to 35 are encouraged to participate.

**For More Information Contact India Mission Sub Committee Members:**

Mrs. Thankam Vinu George (Convener)

Phone: +1 781-866-1673 | Email: georgevinu2000@gmail.com

**Team Leaders:**

Mrs. Valsamma Mathew (USA)

Phone: +1 215-519-0127

Email: valsa008@gmail.com

Dr. Varghese Manaloor (Canada)

Phone: +1 780-781-9984

Email: ushavar@hotmail.com

Participants should plan to travel from the USA/Canada by July 3<sup>rd</sup> and arrive in Hyderabad on July 5<sup>th</sup>. Final departure will be from Bangalore on July 15<sup>th</sup>.



**Scan for  
Registration  
Form**



*1 Corinthians 13:4-8*

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

Love never fails.



# Obituary

Mrs. Aleyamma Mathai (87), wife of the late Mr. John Mathai of NJ St. Peter's Mar Thoma Church and sister-in-law of our member Mr. P. John Joseph residing at 46 Bryant Rd, Yonkers, NY. Wake and Funeral services were held at the St. Peter's Mar Thoma Church, NJ.

Rev. Dr. T.J. Thomas (80), Thekkethil, Othera, passed away on Saturday, January 17, 2026. Funeral services were held on January 20, 2025 at the Othera Ebenezer Mar Thoma Church. Rev. Dr. T.J. Thomas was also the former Vicar of the Trinity Mar Thoma Church, Houston, TX from 1975-1979.

Mrs. Shiny Abraham (56), Cherupulichiyil House, Karimpanamkuzhy, Ranny, member of St Andrews marthoma church karmpnamkuzhy, and sister-in-law of our member Mrs. Jessy Mathew, residing at 199 Longvue Terrace Yonkers NY 10710, passed away on January 20, 2026.

Mr. Abraham Manaloor (85, Moni from Thadiyoor), member of Sehion MTC in Plano, TX, brother-in-law to our members Mr. Abraham S. Kankalil and Mrs. Rachel Samuel and Uncle of our member Mrs. Jasmin Thomas, passed away on January 30, 2026. Wake and Funeral Services will be held at the Sehion Mar Thoma Church, Plano, TX on February 6 and 7, 2026.

On behalf of the Parish, we extend our deepest condolences and prayers to the bereaving families. May the peace of Christ provide strength and comfort during this difficult time.

***“The Lord is near to the brokenhearted and saves the crushed in spirit.”***

*Psalm 34:18*



# February Birthdays

## Bronx/Yonkers South/West

Mr. Albin Jose	89 Travers Ave	6
Mrs. Annamma Thomas	46 Leroy Avenue	11
Ms. Anu Joseph	46 Bryant Road	13
Mr. Thomas Cherian Abraham	5020 Goodridge Ave	15
Mr. Joel Thomas	21 Elizabeth Place	15
Mr. Ethan Varghese Thomas	68 Linn Ave,	15
Mrs. Susan Reji	21 Elizabeth Place	20
Mrs. Annakutty Joseph	46 Bryant Road	23
Mrs. Roji Joseph	12 Stokes Rd Unit 2B	24
Mr. Jobin Varghese John	172 Vrendenburgh Ave.	27

## Rockland

Shreya Sabu	105 N Harrison Ave	2
Mrs. Jessy S. Samuel	41 Mark Lane	4
Mrs. Anu Mary Shyam	21 Tamar Drive	4
Mr. Marvin Mathew	20 Corinthian Drive	5
Mr. Nevin John	86 Susan Drive	7
Ms. Chinnu Jacob	35 Waltham Ave	9
Mrs. Elizabeth Thomas	713 Abbey Ln	9
Mr. Jaison P. Sunny	128 East Phillips Hill Rd.	10
Mr. Shawn Mammen	2 Tiffin Lane	11
Ms. Mikayla Marie Kalita	6 Walnut Ct	13
Mr. Simon Mathew	5 Spruce Dr	14
Mr. Mano K. Mathew	37 Headden Drive	14
Ms. Saneeta Ann Monzy	10 Edison Court, Apt G, BLDG 1	17
Mrs. Lilly S. Mathew	20 Corinthian Drive	25
Mr. Bino Chacko	137 Lake Region Blvd	26
Mr. Shaji Mammen	2 Tiffin Lane	26
Mr. Richard James Kalita	6 Walnut Ct	27
Gabriel Sujin Samuel	5 Spruce Drive	29

## Upper Westchester/CT

Mr. Dylan M. Thomas	8 Sherbrooke Road	2
Mr. Kavi Philip Abraham	20 Harriman Keep	3
Mrs. Mariamma Koshy	7 Bonnie Meadow Rd	3
Ms. Angela Manoj Mathew	5 Wayne Way	6
Dr. Deepti Paulose	1 Walnut Ave	9
Mr. Danny Jose	40 Evarts Ave	14

# February Birthdays

<b>Mr. Deepak Danny John</b>	39 Brookland Farms Road	22
<b>Ms. Normani Reni Jones</b>	4037 Bruner Ave.	23
<b>Mr. Vanchikal J Kurian</b>	20 Paradise Dr	26
<b>Mrs. Saramma Thankachen</b>	67 Sylvan Road	26
<b>Mr. John Kurian</b>	1822 Morris Lane	27
<b>Mrs. Shiji M. Thomas</b>	8 Sherbrooke Road	27
<b>Andrew Varghese Abraham</b>	6 Glen Avenue	29

## Vicar

<b>Ms. Aaralyn Thankam John</b>	34 Morris St	27
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## Yonkers East

<b>Mrs. Eliana Lynn Vaidian</b>	309 Ovid Dr	4
<b>Mrs. Mariamma Jacob</b>	16 June Street	20
<b>Mrs. Leelamma John</b>	130 Heights Drive	25

## Yonkers North

<b>Mrs. Aleyamma Mathai</b>	201 Shonnard Terrace	13
<b>Mr. Elijah D. George</b>	1117 Nepperhan Ave, 1st Floor	15
<b>Mrs. Annamma Abraham</b>	2936 Starview Lane	26
<b>Dr. Binil T. Varghese</b>	107 Westminster Drive	2

*We love because*  
he first loved us.

1 John 4:19

# February Wedding Anniversary

## Manhattan/New Jersey

- Mr. Manu Thomas & Mrs. Sunitha Punnoose Thomas** 11  
327 Merritt Drive
- Mr. Simon Ninan & Mrs. Reena Mary Ninan** 12  
829 Derius Drive

## Queens/Long Island

- Mr. John K. Mathew & Mrs. Mary John Mathew** 3  
23 Patriots Way
- Mr. Kuruvilla T. Abraham & Mrs. Girly Abraham Kuruvilla** 18  
1421 Alpha Street
- Mr. Philip C. Varghese & Mrs. Jibi Mary Raj** 23  
871 Abbott Street

## Rockland

- Mr. Koshy M. Thomas & Mrs. Sheeba Koshy** 1  
10 Sturbridge Court
- Mr. Varghese E. Oommen & Mrs. Anitha V. Oommen** 7  
6 Mayfield Street
- Mr. Vipin Mathew Varghese & Dr. Joselyn Thomas** 8  
2 Huffman Dr.
- Mr. Simon Mathew & Mrs. Lovely Simon** 20  
5 Spruce Dr
- Mr. Samuel E. Oommen & Mrs. Susamma Samuel** 22  
41 Mark Lane
- Mr. George M. Varkey & Mrs. Achamma George** 26  
7 Lowerre Place

## Yonkers East

- Dr. Varghese Abraham & Mrs. Mariamma Abraham** 10  
138 Candlewood Drive
- Mr. John P. Thomas & Mrs. Mariamma Thomas** 19  
31 Monrovia Blvd
- Mr. Anil Kuruvilla & Mrs. Sajini Kuruvila** 27  
78 Amherst Drive

## Yonkers North

- Mr. Babu David & Mrs. Lizy David** 4  
1532 Nepperhan Ave
- Mr. Monsey Varghese & Mrs. Lissy Varghese** 7  
26 Emerald Street

## 2025 Program and Sub-Committees

Event / Committee	Convener(s)	Date / Notes
✓ <b>Organizational Retreat</b>	Sunil M. Varughese	Sun, April 27th
✓ <b>Graduation Recognition</b>	Sajan Abraham	Sun, June 29th
✓ <b>Organizational Picnic</b> <i>(Senior Citizens, Edavaka Mission, Sevika Sangham)</i>	Organizational Representatives	Sat, August 16th <i>Ridge Road Park - Hartsdale, NY</i>
✓ <b>Parish Picnic</b>	Sunny P. Ninan, Varghese E. Oommen	Sat, August 30th <i>Haverstraw Bay Park</i>
✓ <b>Parish Convention</b>	John K. Abraham	Sep 18, 19, 20, 21
✓ <b>Senior Citizens Recognition</b>	George M. Varkey	October 5th
✓ <b>Parish Retreat</b>	T.P. Jacob	October 9, 10, 11
✓ <b>Thanksgiving</b>	Manoj Mathew	Sun, Nov 30th
✓ <b>Christmas Carol Service</b>	Shirley Thomas, Sean Thannickal, Shyju Varughese	Sat, Dec 20th
✓ <b>Christmas House Caroling</b>	Sunny P. Ninan	Dec 5, 6, 7, 12, 13, 14
<b>Parish Day (2026)</b>	Sunil M. Varughese	Sun, Mar 22
<b>Food Committee</b>	Thomas John (Sajan), John Abraham (Joe)	<i>Prayer Group and Organizations will be assigned monthly</i>
<b>Ushers</b>	K.C. Thomas, George M. Varkey, Aleyamma Varughese	—
<b>Mission</b>	Sean Thannickal, Shyju Varughese, Sajan Abraham	—
<b>Audio Video</b>	John Abraham (Joe)	—

# Executive Committee 2025

<u>Position</u>	<u>Name</u>	<u>Home Phone</u>
Vicar / President	Rev. John Philip	(914) 450-3162
Vice President	Mr. John Abraham	(914) 772-8824
Secretary	Mr. Sunil M. Varughese	(845) 598-3994
Treasurer	Mr. Biju P. Varughese	(845) 596-0537
Accountant	Mr. Ullas P. Thannickal	(845) 300-5810
Lay Leader - Malayalam	Mr. M.J. George	(914) 924-7774
Lay Leader - English	Mr. Sean Thannickal	(845) 499-8976

## AREA PRAYER GROUP REPRESENTATIVES

Manhattan/NJ	Mr. Uthup Varkey	(201) 637-5890
Queens/LI	Mr. T.P. Jacob	(516) 554-1809
Rockland	Mr. Varghese Oommen	(845) 300-8153
Rockland	Mr. Sunny P. Ninan	(845) 634-4925
Upper Westchester/CT	Mr. Manoj T. Mathew	(914) 229-1433
Yonkers East	Mrs. Jessy Kuruvilla	(914) 582-0710
Yonkers North	Mr. K.C. Thomas	(914) 374-7180
Yonkers West/South/Bronx	Mr. Thomas John	(914) 662-7535

## MANDALAM & DIOCESAN REPRESENTATIVES

Sabha Mandalam	Mr. Cherian Varughese	(914) 316-2439
Diocesan Representatives	Mrs. Sherly Thomas	(914) 523-0535
	Mr. Levan G. Thomas	(917) 406-1149
	Mr. Samuel K. Samuel	(914) 693 8490

## ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Joseph Oommen	(914) 343-4652
Edavaka Mission	Mr. John K. Abraham	(845) 309-2965
Senior Citizen Fellowship	Mr. George M. Varkey	(845) 641-4754
Sevika Sangham	Mrs. Aleyamma Varghese	(914) 572-9173
Sunday School	Mr. Sajan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 461-4421
Young Family Fellowship	Mr. John Abraham	(914) 772-8824
Yuvajana Sakhya	Mr. Jishu Samuel	(914) 690-4868

## AUDITORS

Mrs. Liza Abraham	(845) 641-1050
Mr. Jacob M. Varghese	(201) 384-0041

# Executive Committee 2026

<u>Position</u>	<u>Name</u>	<u>Home Phone</u>
Vicar / President	Rev. John Philip	(914) 450-3162
Vice President	Mr. Thomas Oommen	(914) 552-6566
Secretary	Mr. John Abraham	(914) 772-8824
Treasurer	Mr. Ullas P. Thannickal	(845) 300-5810
Accountant	Mr. Sunil M. Varughese	(845) 598-3994
Lay Leader - Malayalam	Mr. Josen Joseph	(914) 907-1190
Lay Leader - English	Mr. Saju V. Mathew	(845) 671-1820

## AREA PRAYER GROUP REPRESENTATIVES

Manhattan/NJ	<i>not elected</i>	
Queens/LI	Mr. T.P. Jacob	(516) 554-1809
Rockland	Mr. Varghese Oommen	(845) 300-8153
Rockland	Mr. Sabu Joseph	(914) 364-6241
Upper Westchester/CT	Dr. Geevarghese Kochumman	(914) 629-7341
Upper Westchester/CT	Mr. Thankachen Geevarghese	(914) 417-1273
Yonkers East	Mr. Jacob Vaidian	(917) 757-4077
Yonkers North	Mr. Cherian Varughese	(914) 316-2439
Yonkers West/South/Bronx	Mr. Thomas John	(914) 662-7535

## MANDALAM & DIOCESAN REPRESENTATIVES *(until March 31, 2026)*

Sabha Mandalam	Mr. Cherian Varughese	(914) 316-2439
Diocesan Representatives	Mrs. Sherly Thomas	(914) 523-0535
	Mr. Levan G. Thomas	(917) 406-1149
	Mr. Samuel K. Samuel	(914) 693 8490

## ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Danny Eapen	(914) 338-6708
Edavaka Mission	Mr. Thankachen Geevarghese	(914) 417-1273
Senior Citizen Fellowship	Mr. George M. Varkey	(845) 641-4754
Sevika Sangham	Mrs. Rachel Varghese	(914) 525-1178
Sunday School	Mr. Sajan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 461-4421
Young Family Fellowship	Mr. John Abraham	(914) 772-8824
Yuvajana Sakhyam	Mr. Manoj T. Mathew	(914) 229-1433

## AUDITORS

Mr. M.C. Chacko	(845) 300-1762
Mr. Sunil M. Thomas	(973) 985-2812

St Thomas Mar Thoma Church, NY  
34 Morris Street  
Yonkers, NY 10705

I HAVE  
*loved you*  
WITH AN  
*everlasting*  
*love*

JEREMIAH 31 3

STAMP!  
THANKS FOR  
PICKING UP  
NEWSLETTERS.  
YOU ARE  
HELPING THE  
CHURCH SAVE  
EVERY PENNY  
COUNTS.